

# PAN PACIFIC TOASTMASTERS NEWSLETTER

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## Opening Remark

Dear Readers,

Where else would allow you to make the mistakes you need to make to get better in public speaking? Our Toastmasters club is one place that allows you to make all the mistakes that are needed to make in order to bring your communication skills to the next level. You won't be alone, since you will also be learning from the mistakes of other fellow Toastmasters who are on the same journey as you in improving themselves. Come to be a part of us and bravely make and learn from the mistakes while confidently looking forward to become better and better.

~ Chao Fan

## Hall of Fame

- ❖ Ross Johnson has completed his Distinguished Toastmaster!
- ❖ *VaNesaa Vollmer completed her Advanced Communicator Bronze*
- ❖ *Sushma Rajput completed her Advanced Leadership*
- ❖ *"Our opportunities to do well are our talents. ~ Cotton Mather*

## **Club News Capture**

### ❖ **New Officers Installed 2011-2012**

The club had Area Governor Min Tang install the Club offices for the year's service. Since our club loves delicious cuisine, we enjoyed an International Potluck and the opportunity to get to know each other better. Another Toastmasters experience under the sunshine!



### ❖ **July 3rd, 2011**

The new Board of Officer's installation was held July 3<sup>rd</sup>, 2011 by Area Governor, Min Tang (far right).

The Officers are as follows (right to left): Emil as the President, Bill as the VP of Membership, Sushma as the VP of Education, Shirley as club Treasurer, VaNessa as Past President and VP of Public Relations, Ross as Sergeant at Arms, Beverly as club Secretary (not present at the time of this picture). Let us thank the new leadership team for undertaking the club officer responsibilities and supporting our club's continued success!!

### ❖ Oct 1st, 2011

Watch out! Our club is coming to the Global Village Festival in Irvine this October 1<sup>st</sup>! Our club will have a booth there to share the joy of being Toastmasters with the crowd. Please come check us out! We'll be certain to have an enthusiastic Toastmaster there to explain what Toastmasters is all about and answer any questions you may have about our club!



The logo for the Global Village Festival features the words "Global Village" in a blue, stylized font with a red outline, and the word "FESTIVAL" in a larger, bold, blue font with a red outline below it. The background is a light red gradient.

## Featured Inspirational Story

### Wen Sing, The Lady of Did Not Do

How often, we recognize someone for something extraordinary that they have done. On the contrary, Wen Sing had won my respect and admiration for what she did not do.

About twenty years ago, I had seen her gentle appearance many times on the campus of Irvine Chinese School; it wasn't until the fall of 1988 when I had a closer encounter with Wen Sing. During Principal, Deng, Ping's school year, Ping initiated the Melody in May Concert. At that time, Irvine Unified School District faced a severe budget cut. The music programs in the schools grades K. to 12 were at the verge of extinction. Ping called upon the teachers, the parents and the students to work on a fund raising performance in order to support the music programs in I.U.S.D. Wen Sing and I both volunteered in the

steering team. The money we raised was meager, yet the influence was profound. With the wide range involvement of the community, we harvested awareness, appreciation and continuation in music education. During this journey, I finally had the privilege to befriend with Wen Sing. This was the lady of did not do. For example:

1. She did not dominate a conversation. When several friends met, there bounded to generate heated discussion. Wen Sing did not impose her opinion on the others. She listened attentively, with an occasional nod or a subtle smile. She had the courtesy to let the others talk to their hearts' content. She possessed the wisdom of golden silence.
2. She did not wear trendy clothing or fancy jewelry. She knew well that life was too short for cumbersome

- outfits. She was the one who demanded little attention. Simplicity and humbleness was her style. Confidence was her fashion.
3. She did not like to receive, but rather give. Any time a friend needed help, he or she could always count on Wen Sing. She was earnest in giving money, and spiritual support without any hesitation. She radiated warmth and comfort among friends. She was a generous giver.
  4. She did not bluff about her beautiful children. Even though they are exceptionally outstanding. They are just her quiet pride and comfort. She cherished all children and realized that they were the hope for future. That's why she poured her heart into education. Wen Sing had a broad vision.
  5. She did not put herself in the first place at home, in school or any place else. That winter, someone saw her in Costco. Wen Sing had a cartful of food, household goods just days before her China trip. She made sure to tend to her spouse; Cheng-Chi's every need before her own. She was the most devoted wife.

How especially meaningful it is of this annual gathering! Cheng-Chi has maintained his family tradition, so that his children continue to share warm memories of their beloved mother with us. What a blessing and precious experience I had with Wen Sing! She was and would always be my dear friend, and teacher. I am so grateful to have and to hold such a unique lady of Did Not Do.

~ I-Tuan Wang

## Featured Impromptu Speaking Tips

### Impromptu Speaking – How To?

I often struggle with extemporaneous speaking, especially speaking on the topics that are not in my field of expertise. Joining Toastmaster International gives me a chance to practice thinking and speaking on my feet. Toastmaster International refines the formula of impromptu-speaking to the level that I can practice. There is basically a **five-step formula** in Impromptu Speaking described in the “Better Speaker Series” of the Toastmaster International:

1. **Listen** tentatively to understand the question asked;
2. **Pause** to formulate your strategy to answer the question;
3. **Repeat** the question out loud to the Table Topics Master for confirmation;
4. **Answer** the question succinctly; and
5. **End** with a smile, make good eye contact and shake hands with the Table Topics Master before you leave the lectern and get back to your seat.

Four strategies described in the “Better Speaker Series” are outlined below, and I would like to add my suggestion on the “Rule of Three” to the strategies.

1. **Express your opinion.** With this strategy, you express your opinion on whether you agree or not agree with the statement given to you by the Table Topics Master. I suggest you express three arguments (Rule of Three) to support your position succinctly.
2. **Address cause and effects.** With this strategy, you state the situation or the cause. Most often that means you repeat the question asked. You then speak about three consequences (Rule of Three) that the situation causes to occur.
3. **Break the topic into components.** You may break the topic into three components (Rule of Three) and briefly discuss each component.
4. **Organize using timeline.** With this strategy, you briefly discuss the topic using the benchmark of time - past, present, and future (Rule of Three).

I find the “Rule of Three” is very efficient to cover a 1-minute to 2-minutes slot allowed for extemporaneous speaking. In addition, I find that the periods that you pause and repeat the question are extremely important since they can be used strategically for you to formulate your answer. In the situation you are not familiar with the topic asked, turn the topic around to the area that you are familiar with, and talk on that area.

Please remember to add your personality and sincere into speaking since it is like adding spices to a five-step recipe. I wish you many happy practices in extemporaneous speaking.

Minh Pham, P.E.

## Tip of the Day

Remember the saying:

“He can inspire a group only if he himself is filled with confidence and hope of success.

~Floyd V. Flison.”

Come join us at Pan Pacific Toastmasters to learn new communication and leadership skills in a safe environment.



## President's Vision

Fellow Toastmasters,

I'm going to share with you my vision for the Pan Pacific club with the hope you will give me your support throughout the 2011-2012 year.

### 1. A conduct in the club

"Tell a story, be brief and be seated" – this is going to be a credo of my presidency. You must have already noticed that whenever you step outside of the club that people who express themselves in the most succinct, coherent way, without rambling, equivocating or going off tangent – attract attention and most importantly, are listened to. So let's try to use this adage in the club "Tell a story, be brief and be seated" whenever opportunity arises.

### 2. Education

My next goal is to stress education ... emphatically. In spite of the fact that we represent different cultures we are united with one universal desire ... to learn.

We shall learn how to make better responses to Table Topic questions and we shall learn how to make speeches from the best in the field. The club executive committee along with members will discuss ways to implement this vision.

We shall receive evaluations for roles played during regular meetings as: (a) Toastmaster of the Day, (b) General Evaluator, (c) Time Keeper, or (d) Grammarian.

The booklet titled "Competent Leader" provides forms for such evaluations. Without a proper and timely feedback one doesn't learn efficiently, mistakes are reinforced and good points get lost. We will use the "Competent Leader" booklet for evaluations.

We shall evaluate congruency between the speaker's body gestures and the speaker's voice. If one speaks of happiness and the voice is monotonous; or if one calls for action and the voice shows tiredness – then we have a case of incongruence, or dissonance just like two instruments play discord music. This needs to be pointed out in our respective evaluations if we wish to become effective communicators.

These are my "vision" points to strive for in the club in the coming year (and beyond). May I count on your support in getting this vision implemented?

Sincerely, *Emil Stempel*

## Welcome to Our Club!

The club is excited to have

**Minh Pham, Lien Pham  
Yizhi Newcomer and JR Zadeh**

## Club Information

Main  
Contact

**Shirley Tseng  
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ShirleyTseng@earthlink.net**

**WWW.PanPacificTM.org**

### We Love to have New Members. Please Come Join Us!

Pan Pacific Toastmasters is a Toastmasters International Club Located in Irvine, CA (Club F-9314, Area F-4)  
The Club Meets Each "Scheduled" Sunday at 10am at Irvine Ranch Water District  
Please check our website calendar at [www.PanPacificTM.org](http://www.PanPacificTM.org) for more information. Thanks.

**President  
Emil Stempel**

**Secretary  
Beverly Moss-Jones**

**VP of Education  
Sushma Raiput**

**Club  
Officers**

**VP of Public Relations  
VaNessa Vollmer**

**Treasurer  
Shirley Tseng**

**VP of Membership  
Bill Chang**

**Sergeant at Arms  
Ross Johnson**

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